

# Nova Scotia Family Resource Programs

- National Programs
- 26 NS Family Resource Programs, focus on ages 0-6
- Accessible, Community Based, Capacity Building, Collaboration
- Uniqueness – Flexibility, Removing Barriers (onsite childcare, assistance with transportation), In-home supports, Reaching Vulnerable Populations
- Each FRC has unique programs and services:
- *-pending funders - NSDCS, United Way, federal funding (Public Health Agency of Canada – CAPC ) 1994 , Capital Health, IWK, Human Resource and Skill Development Canada, Private Donations*
- *-pending - unique needs and gaps in each community*

# Nova Scotia Family Resource Programs - Programs and Services

- **Family Programs**
  - Parenting Courses and Programs
  - Crisis Intervention
  - Advocacy and Referrals
  - Health and Wellness Workshops (mental health – adult & child)
  - Youth Programs
  - Pre-Primary (School Readiness) and Pre-school programs
  - Public Health Services
  - Parent Support Groups
  - Literacy and EAL Programs
  - Home Safety
  - Prenatal and Post Natal Supports
  - In Home Visiting Programs
  - On-site Public Health Clinics
  - Nutrition and Food Security Programs
  - Volunteer and Student Placements
  - On-site Social Worker
  - Dad's Programs and Parenting Support
- **Resources**
  - WIFI / Computers
  - Lending Libraries
  - Food, Clothing and in-kind goods

Note: Does not include adult only focused programs/services

# Family Resource Programs in Nova Scotia

## Central Region

- 1. Bayers/Westwood Family Support Centre
- 2. Dartmouth Family Resource Centre
- 3. **Eastern Shore Family Resource Association**
- 4. Musquodoboit Valley Family Resource Centre
- 5. Fairview United Family Resource Centre
- 6. **Memory Lane Family Place Association**
- 7. Mulgrave Park Caring and Learning Centre
- 8. East Preston Daycare Family Health Resource Centre
- 9. North End Parent Resource Centre
- 10. Chebucto Family Centre
- 11. Parents and Children Together Resource Centre
- 12. Mi'kmaq Child Development Centre

## Eastern Region

- 13. **Cape Breton Family Place Resource Centre** (Cape Breton Regional Municipality, Inverness County, Richmond County, and Victoria County)

**Bolded sites sit as board members of The Nova Scotia Association of Family Resource Programs**

## Northern Region

- 14. **Kids First Association** (Pictou, Antigonish and Guysborough Counties)
- 15. **Maggie's Place Family Resource Centre** (Cumberland and Colchester Counties)
- 16. East Hants Family Resource Centre
- 17. \***Child Help Initiative Program** ~ Native Council of Nova Scotia (provincial mandate)

## Western Region

- 18. Annapolis Family Resource Centre (Family Matters)
- 19. Family Resource Centre of West Hants
- 20. Kings County Family Resource Centre
- 21. New Ross Family Resource Centre
- 22. Parent's Place Yarmouth Family Resource Centre
- 23. **South Shore Family Resource Association**
- 24. \***Le Centre provincial de ressources préscolaires** (provincial mandate)
- 25. **Kids Action Program**
- 26. Digby Family Resource Centre

# Accountability and Responsibility within Family Resource Programs

Detailed Service Level Agreements are in place for provincially funded Family Resource Programs – Core and Parenting Journey

Annual Reports are filed for provincial sites that receive Core Funding

Annual Reports are filed for provincial sites that receive Parenting Journey funding

Detailed Home Visiting Logs are filed for sites that receive Enhanced Home Visiting funding

Annual financial statements are filed

Annual budgets are prepared and approved

Detailed Contribution Agreements are in place for federally funded Family Resource programs

Annual Progress Reports are in place for federal CAPC programs

Annual Progress Reports are in place for federal CPNP programs

National Evaluation tools capture data from the federally funded CAPC and CPNP sites

Regional and Local Evaluation work has been captured from the federally funded sites

Annual financial statements are filed

Annual budgets are prepared/approved

## Some Sample Accountability Measures

- **General Information about the Project**
- **Participant Profile**
  - Total number of families served
  - Percentage of families served experiencing risk factors such as low income, teen parenting, children with developmental, social, emotional or behaviour problems, recent immigrants or refugees, children experiencing abuse/neglect, families living in isolated or remote communities, lone parents, families belonging to official language minority communities, women facing social or geographic isolation, women facing substance use or addiction issues, women experiencing family violence
- **Workplan and Objectives**
  - Did the workplan or objectives change? If so, please explain changes and provide timelines; Were outcomes identified?
- **Programs and Services**
  - For each program provide a description of program, intended audience, number of participants, public health issues addressed
- **Community Support**
  - Partners involved, description of partnership, results achieved, in-kind staff, contribution, number of hours donated
- **Human Resource Capacity**
  - Clear roles and responsibilities for programming, financial and management staff, volunteers; Staff turnover details; Professional development that was completed (list); Professional development needs identified
- **Operational, Financial, and Governance Capacity**
  - Policies, Systems, and Procedures – Describe; Governance and Advisory – Details re: Board of Directors, Annual General Meeting
- **Successes, Challenges, and Emerging Issues**
  - Describe successes, challenges, and emerging issues

[http://www.youtube.com/watch?v=KBgryK\\_2fg4](http://www.youtube.com/watch?v=KBgryK_2fg4)