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**From:** Amy Richards <amy\_woodhouse@outlook.com>  
**Sent:** March-31-14 11:54 PM  
**To:** Office  
**Subject:** Essential Service Legislation

Hello,

My name is Amy Woodhouse and I have been a registered nurse at Capital Health for 7 years. I am writing to you today because I cannot be there in person, I have to work in the emergency services. There are many reasons why Bill 37 should not be passed. You are taking away the voices of many health care providers, to stand up for safe patient care. Some day you will have someone you love in these hospitals and you will regret what you are doing here. Come walk a day in my shoes and see how I struggle, as well as all my co-workers. Watch the patients struggle to receive what they need and what they deserve to get in a timely manner. Collect a list of 30 things that need to be done, 5 life-threatening, and see how you would cope at getting it all done at once. There are too many administrative staff and not enough front line workers in the institution. Why aren't you legislating patient ratios instead of supporting Bill 37. Come walk a day in my shoes, I promise I will welcome you to the chaos. Imagine for a second that your wife is pregnant with septuplets, as ask yourself if you would like to be left alone to look after them. I do this everyday, as well as assess my patients and assist them with ambulation, administer medication, review their medical history, develop care plans, respond to emergencies, organize staffing, call doctors, write orders, rewrite orders to administer medication, and document every little thing I do for my patients. Now we, as professionals are asking for your help, as we pray everyday that our patients don't get hurt, and fall through the cracks, created by Capital District Health Authority.

Yours in nursing,

Amy Woodhouse RN